



PATTERNING THE INDEPENDENT BEHAVIOR OF MOVEMENT



A Choreographic Score By Anna Craycroft

THIS IS AN EXERCISE IN OBSERVING THE SYMMETRICAL MOVEMENTS OF OUR BODIES AND THE PATTERNS THAT ARE CREATED WHEN WE FORM THEM TOGETHER

Symmetries happen in all social circumstances: Mimed behavior between bodies like holding hands to walk / Mirroring within the actions of ones own body like blinking eyelids / Impressing oneself on another like infectious yawning / Synchronization through group activities like the sitting or standing of an audience.

THE SCORE

1. Identify an event taking place inside or around you that exists in symmetry or can be duplicated as such: a body position, a movement, a sound, an expression, a communication, a miscommunication, an engagement or disengagement
2. Repeat this event according to one, or a combination of the following symmetry operations

PLANE OF SYMMETRY

- TRANSLATION: the sliding along a plane
- MIRRORING: the reflecting along a plane

CENTER OF SYMMETRY - INVERSION: a turning inside out

AXIS OF SYMMETRY

- ROTATION: a turning around an axis (any degree of rotation that eventually returns the object to its original position)

3. Moving at whatever pace feels comfortable, repeat the event through this symmetry again and again.
4. As you move, observe the developments that are taking place.
 - Have the characteristics of the initial event been preserved?
 - What sorts of alterations have occurred?
 - Can you identify a pattern being generated?
5. See if you can blur the parameters of the initial event into the patterning of the overall sequence.
6. At any point you may stop your movements and begin again. If you like, you can continue to repeat the same action through a different symmetrical operation. You are also welcome to start over entirely with a new event that you have observed within or around you.
7. You may also try performing multiple patterns simultaneously. These can be in or out of sync with one another.
8. Synchronizing your movements with the movement of another is also welcome; as is borrowing or adapting the patterns of others.
9. The dance is complete when everyone is moving together.

Soundtrack: "Between Thought & Language" by Jack Sears